

# Allergenenkaart voor habana beach

## Breakfast

|                                                                                    |                        |                                                                                            |                                                                                            |                                                                                               |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
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|    | HABANA BREAKFAST       |  EI       |  GLUTEN   |  MELK        |  NOTEN   |  PINDA'S |  SCHAALDIEREN |  SESAMZAAD |
|    | COCO BOWL              |  NOTEN    |  PINDA'S  |                                                                                               |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
|    | GRIEKSE YOGHURT        |  GLUTEN   |  MELK     |  NOTEN       |  PINDA'S |                                                                                            |                                                                                                  |                                                                                               |
|    | UITSMIJTER NATUREL     |  EI       |  GLUTEN   |  MELK        |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
|    | UITSMIJTER H/K         |  EI       |  GLUTEN   |  MELK        |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
|    | UITSMIJTER SPEK        |  EI       |  GLUTEN   |  MELK        |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
|    | TOSTI H/K & KAAS       |  GLUTEN   |  MELK     |  SOJA        |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
|    | AMERICAN PANCAKES      |  EI       |  GLUTEN   |  MELK        |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
|   | SMASHED AVOCADO        |  EI      |  GLUTEN  |  MELK       |  NOTEN  |                                                                                            |                                                                                                  |                                                                                               |
|  | TOSTI KAAS             |  GLUTEN |  MELK   |  SOJA      |                                                                                           |                                                                                            |                                                                                                  |                                                                                               |
|  | BANANEN BROOD          |  EI     |  GLUTEN |  MELK      |  NOTEN |                                                                                            |                                                                                                  |                                                                                               |
|  | BRUIN BROOD UITSMIJTER |  EI     |  GLUTEN |  SESAMZAAD |  SOJA  |                                                                                            |                                                                                                  |                                                                                               |
|  | PANN DE CRISTAL        |  EI     |  GLUTEN |  LUPINE    |  MELK  |  NOTEN |                                                                                                  |                                                                                               |

## lunch

|                                                                                    |                    |                                                                                            |                                                                                                  |                                                                                                |                                                                                             |                                                                                                |                                                                                                 |                                                                                            |
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|  | FOCCACIA CARPACIO  |  EI     |  GLUTEN       |  MELK       |  MOSTERD |                                                                                                |                                                                                                 |                                                                                            |
|  | PITA SPICY CHICKEN |  EI     |  GLUTEN       |  MOSTERD    |  NOTEN   |  SESAMZAAD |  SOJA      |  VIS  |
|  | PITA VEGAN BEEF    |  GLUTEN |  SESAMZAAD    |  SOJA       |                                                                                             |                                                                                                |                                                                                                 |                                                                                            |
|  | HOLTKAMP KROKETTEN |  EI     |  GLUTEN       |  MELK       |  MOSTERD |  SELDERIJ  |  SOJA      |                                                                                            |
|  | TUNA MELT          |  EI     |  GLUTEN       |  MELK       |  MOSTERD |  NOTEN     |  SESAMZAAD |  SOJA |
|  | GEWOKTE MOSSELEN   |  GLUTEN |  SCHAALDIEREN |  WEEKDIEREN |                                                                                             |                                                                                                |                                                                                                 |                                                                                            |

|                                                                                  |                        |                                                                                          |                                                                                            |                                                                                           |                                                                                            |                                                                                                 |
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|   | STICKY AUBI            |  GLUTEN  |  SESAMZAAD |  SOJA     |                                                                                            |                                                                                                 |
|  | VEGAN KROKET           |  GLUTEN |  LUPINE   |  MOSTERD |  SELDERIJ |  ZWAVELDIOXIDE |
|  | HABANA SMASAHED BURGER |  EI     |  GLUTEN   |  LUPINE  |  MELK     |  SOJA          |

## salades

|                                                                                    |                       |                                                                                            |                                                                                            |                                                                                                 |                                                                                                |                                                                                               |                                                                                            |                                                                                           |
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|    | CEASER SALADE         |  EI       |  GLUTEN   |  MELK          |  MOSTERD      |  SESAMZAAD   |  SOJA   |  VIS   |
|    | BURRATA SALADE        |  GLUTEN   |  MELK     |  ZWAVELDIOXIDE |                                                                                                |                                                                                               |                                                                                            |                                                                                           |
|    | POPEYE SCAMPI SALADE  |  GLUTEN   |  MELK     |  SCHAALDIEREN  |  SESAMZAAD    |                                                                                               |                                                                                            |                                                                                           |
|    | POKEBOWL EBI          |  EI       |  GLUTEN   |  MOSTERD       |  SCHAALDIEREN |  SESAMZAAD   |  SOJA   |                                                                                           |
|    | POKEBOWL KIP          |  EI       |  GLUTEN   |  MOSTERD       |  SESAMZAAD    |  SOJA        |                                                                                            |                                                                                           |
|   | POKEBOWL TOFU         |  GLUTEN  |  MOSTERD |  SESAMZAAD    |  SOJA        |                                                                                               |                                                                                            |                                                                                           |
|  | VEAGN BOWL            |  GLUTEN |  NOTEN  |  SESAMZAAD   |  SOJA       |                                                                                               |                                                                                            |                                                                                           |
|  | CEASER SALADE MET KIP |  EI     |  GLUTEN |  MELK        |  MOSTERD    |  SESAMZAAD |  SOJA |  VIS |

## sushi

|                                                                                    |                    |                                                                                            |                                                                                             |                                                                                                  |                                                                                                  |                                                                                               |                                                                                            |                                                                                           |
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|  | EBI TEMPURA        |  GLUTEN |  MOSTERD |  SCHAALDIEREN |  SESAMZAAD    |  SOJA      |                                                                                            |                                                                                           |
|  | SPICY TUNA         |  EI     |  GLUTEN  |  MOSTERD      |  NOTEN        |  SESAMZAAD |  SOJA |  VIS |
|  | WAGYU SURF EN TURF |  EI     |  GLUTEN  |  MOSTERD      |  SCHAALDIEREN |  SESAMZAAD |  SOJA |  VIS |

## shared dining

|                                                                                    |                            |                                                                                            |                                                                                               |                                                                                              |                                                                                                |                                                                                          |                                                                                           |
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|  | 3 OESTERS                  |  GLUTEN |  SOJA      |  VIS      |  WEEKDIEREN |                                                                                          |                                                                                           |
|  | EDAMAME BONEN              |  NOTEN  |  SESAMZAAD |  SOJA     |                                                                                                |                                                                                          |                                                                                           |
|  | FLAMED KISSED STEAK        |  GLUTEN |  MELK      |  SELDERIJ |  SESAMZAAD  |  SOJA |  VIS |
|  | FRESH TUNA GRILLED AVOCADO |  EI     |  GLUTEN    |  MOSTERD  |  SESAMZAAD  |  SOJA |  VIS |

|                                                                                  |                   |                                                                                          |                                                                                             |                                                                                        |                                                                                       |
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|   | GEWOKTE BIMBI     |  GLUTEN  |  SESAMZAAD  |  SOJA  |                                                                                       |
|  | KROKANTE BUIKSPEK |  GLUTEN |  SESAMZAAD |  SOJA |  VIS |

## snacks

|                                                                                    |                             |                                                                                            |                                                                                                |                                                                                               |                                                                                                |                                                                                                  |                                                                                            |                                                                                           |
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|    | BROOD MET DIPS              |  EI       |  GLUTEN       |  MOSTERD     |  NOTEN        |  SOJA          |                                                                                            |                                                                                           |
|    | GAMBA'S PIRI PIRI           |  GLUTEN   |  SCHAALDIEREN |  SELDERIJ    |                                                                                                |                                                                                                  |                                                                                            |                                                                                           |
|    | HOLTKAMP BITTERBALLEN       |  EI       |  GLUTEN       |  MELK        |  MOSTERD      |  SELDERIJ      |  SOJA   |                                                                                           |
|    | VEGAN BITTERBALLEN          |  GLUTEN   |  LUPINE       |  MOSTERD     |  SELDERIJ     |  ZWAVELDIOXIDE |                                                                                            |                                                                                           |
|    | BITTERGARNITUUR             |  EI       |  GLUTEN       |  MELK        |  SCHAALDIEREN |  SELDERIJ      |  SOJA   |                                                                                           |
|    | ZOETE AARDAPPEL FRIET       |  EI       |                                                                                                |  MELK        |  MOSTERD      |                                                                                                  |                                                                                            |                                                                                           |
|   | FRIETJE MET MAYO            |  EI      |                                                                                                |                                                                                               |                                                                                                |                                                                                                  |                                                                                            |                                                                                           |
|  | GYOZA KIP                   |  EI     |  GLUTEN     |  MOSTERD   |  NOTEN      |  SESAMZAAD   |  SOJA |  VIS |
|  | VEGAN LOEMPJA'S             |  GLUTEN |  SESAMZAAD  |  SOJA      |                                                                                                |                                                                                                  |                                                                                            |                                                                                           |
|  | NACHO MET GUACAMOLE         |                                                                                            |                                                                                                |                                                                                               |                                                                                                |                                                                                                  |                                                                                            |                                                                                           |
|  | NACHO MET GUACOMOLE EN KAAS |  MELK   |                                                                                                |  SOJA      |                                                                                                |                                                                                                  |                                                                                            |                                                                                           |
|  | FRIETJE HABANA              |  EI     |                                                                                                |  MOSTERD   |                                                                                                |                                                                                                  |                                                                                            |                                                                                           |
|  | CRISPY CHICKEN              |  GLUTEN |  NOTEN      |  SESAMZAAD |  SOJA       |                                                                                                  |                                                                                            |                                                                                           |

## taste of the sea platter

|                                                                                    |              |                                                                                        |                                                                                            |                                                                                          |                                                                                             |                                                                                            |                                                                                                    |                                                                                                |                                                                                                 |                                                                                            |                                                                                         |                                                                                                |
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|  | FISH PLATTER |  EI |  GLUTEN |  MELK |  MOSTERD |  NOTEN |  SCHAALDIEREN |  SELDERIJ |  SESAMZAAD |  SOJA |  VIS |  WEEKDIEREN |
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## to start

|                                                                                    |                        |                                                                                            |                                                                                                  |                                                                                              |
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|  | SMOKED KISSED CARPACIO |  GLUTEN |  MELK         |  NOTEN    |
|  | GAMBA PIRI PIRI        |  GLUTEN |  SCHAALDIEREN |  SELDERIJ |

|                                                                                 |             |                                                                                                                                                                                                                                                                          |
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|  | STICKY AUBI |  GLUTEN  SESAMZAAD  SOJA |
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## dinner

|                                                                                  |                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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|  | ZEEBAARSFILET               |  GLUTEN  SOJA  VIS                                                                                                                                                                                 |
|  | HABANA SMASHED BURGER       |  EI  GLUTEN  LUPINE  MELK  SOJA |
|  | KIPPETJE VAN DE ROTTISERIE  |  GLUTEN  SESAMZAAD  SOJA  VIS                                                                                     |
|  | MOSSELPANNETJE              |  SCHAALDIEREN  SELDERIJ  WEEKDIEREN                                                                                                                                                                |
|  | STEAK FRITES                |  EI  MELK  MOSTERD  VIS                                                                                           |
|  | TOMATEN RISOTTO             |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|  | TOMATEN RISOTTO MET BURRATA |  MELK                                                                                                                                                                                                                                                                                                                                                                |
|  | TOMATEN RISOTTO MET GAMB'S  |  SCHAALDIEREN                                                                                                                                                                                                                                                                                                                                                        |

## side dishes

|                                                                                    |                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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|  | GEWOKTE GROENTEN     |  GLUTEN  SESAMZAAD  SOJA                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  | KLEINE CEASER SALADE |  EI  GLUTEN  MELK  MOSTERD  NOTEN  SESAMZAAD  SOJA  VIS |

## kids

|                                                                                    |                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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|  | KIDS KIPNUGGET    |  GLUTEN                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  | KIDS KROKET       |  EI  GLUTEN  MELK  MOSTERD  SELDERIJ  SOJA |
|  | KIDS FRIKANDEL    |  GLUTEN                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|  | PASTA BOLOGNESE   |  GLUTEN  MELK  SELDERIJ                                                                                                                                                                                                                                                                                |
|  | AMERICAN PANCAKES |  EI  GLUTEN  MELK                                                                                                                                                                                                                                                                                      |

## after dinner

|                                                                                    |                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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|  | CHOCOLATE DREAM |  EI  GLUTEN  MELK  NOTEN  PINDA'S  SOJA |
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|   | IJSCOUPÉ<br>VANILLA/AARDBEI/CHOCOLADE,BANAAN<br>STRACITELLA, | <br>MELK                                                                                                                                                                                                                                                                                                                                                              |
|  | CITROEN IJS                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|  | AFFOGATO                                                     |  EI  GLUTEN  MELK  NOTEN  SOJA |
|  | HABANA DUBAI BOWL                                            |  GLUTEN  MELK  NOTEN                                                                                                                                                                               |
|  | AARDBEIEN ROMANOV                                            |  EI  GLUTEN  MELK                                                                                                                                                                                  |
|  | BASTOGNE IJS                                                 |  GLUTEN  MELK                                                                                                                                                                                                                                                                       |
|  | IRISH/SPANISH/ITALIAN/FRENCH COFFEE                          | <br>MELK                                                                                                                                                                                                                                                                                                                                                             |

## taartjes

|                                                                                    |                     |                                                                                                                                                                                                                                                                                                                                                                      |
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|    | APPELTAART          |  EI  GLUTEN  MELK                                                                                                 |
|    | OREO CHEESECAKE     |  GLUTEN  MELK  SOJA                                                                                               |
|  | PISTACHE CHEESECAKE |  EI  GLUTEN  MELK  NOTEN |
|  | LEMON CURD          |  EI  GLUTEN  MELK                                                                                           |

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